



The Path of Mahamudra Meditation In-person Retreat in Upstate New York

Saturday 29 May - Sunday 6 June 2027

Featuring teachings by:
Traleq Kyabgon Rinpoche IX and
Teachings and Chenrezig Empowerment with Lama Karma Drodhul

Within a peaceful and picturesque environment in Delhi, upstate New York, each day of retreat will include Buddhist teachings, discussion group, meditation sessions, Puja's – Green Tara and Chenrezig (religious chanting and instruction). There will also be spare time each day to relax and enjoy the beautiful surroundings. Comfortable shared accommodation is available. The retreat is fully catered with vegetarian meals and can accommodate most special dietary needs.

Information Sheet: The full schedule, cost and payment options, what to pack, directions to the retreat centre, and other details are included in the information sheet. Please contact E-Vam by email: office@evam.org to request an information sheet. Bookings are essential for the retreat.

About the Teachers and Session Leaders



E-Vam Buddhist Institute founder Traleg Kyabgon Rinpoche IX

Traleq Kyabgon Rinpoche IX (1955-2012) was born in Nangchen in Kham, eastern Ti-bet. He was recognised by His Holiness XVI Gyalwang Karmapa as the ninth Traleg tulku and enthroned at the age of two as the supreme abbot of Thrangu Monastery. Rinpoche was taken to Rumtek Monastery in Sikkim at the age of four where he was educated with other young tulkus in exile by His Holiness Karmapa. Rinpoche studied under the auspices of His Eminence Kyabje Thuksey Rinpoche at Sangngak Choling in Darjeeling. He also studied with a number of other eminent Tibetan teachers during that time and mastered the many Tibetan teachings with the Kagyu and Nyingma traditions in particular. Rinpoche moved to Melbourne Australia in 1980 and commenced studies in comparative religion and philosophy at LaTrobe University. He established E-Vam Institute in Melbourne in 1982 and went on to establish further Centers in Australia, America and New Zealand. Throughout his life Rinpoche gave extensive teachings on many aspects of Buddhist psychology and philosophy, as well as comparative religion, and Buddhist and Western thought. He was an active writer and has many titles to his name. Titles include: the best selling *Essence of Buddhism*; *Desire: Why It Matters*; *Vajrayana: An Essential Guide to Practice*; *Song of Karmapa*; *Karma, What It Is, What It Isn't, and Why It Matters*; *The Practice of Lojong*;

Moonbeams of Mahamudra; *How To Do Life*, *Circle Of The Sun*, *Longchenpa's Three Cycles of Natural Freedom*; and many more. Rinpoche's writings are thought provoking, challenging, profound and highly relevant to today's world and its many challenges.



Lama Karma Drodhul

Lama Karma excelled in all aspects of dharma study at Thrangu Monastery, Qinghai and was sent to the U. S. to deepen his understanding of the dharma under the tutelage of Khenpo Karthar Rinpoche. Lama Karma completed two traditional three-year retreats at Karma Ling Retreat Center. He has taught at many Buddhist centers throughout North and South America and is the author of *Amrita of Eloquence: A Biography of Khenpo Karthar Rinpoche* and *Siddhas of Ga: Remembered by Khenpo Karthar Rinpoche*.



Session Leaders



The sessions leaders:

Lama Jinpa will lead discussion group and puja practice. Meditation sessions will be led by Lama Jinpa and Dr Julie Brefczynski-Lewis.

Lama Jinpa (Aaron)

Lama Jinpa is a longtime student of Khenpo Karthar Rinpoche. He completed the traditional Karma Kagyu three year retreat at Karne Ling Retreat Center under Rinpoche's guidance. Since this time he has served Rinpoche and the KTD community by teaching regularly at KTCs. Lama Jinpa is a householder practitioner, and enjoys practicing at home with his family. Lama Jinpa regularly gives courses for E-Vam Buddhist Institute and is a valued presenter always bringing such insight and warmth to his courses.



Dr. Julie Brefczynski-Lewis

Dr Brefczynski-Lewis is a Research Assistant Professor in the Department of Neuroscience at West Virginia University. She received her PhD in Cell Biology, Neurobiology, and Anatomy from the Medical College of Wisconsin. Julie has been practicing and researching meditation practices for more than 20 years. Currently, her lab is testing the effectiveness of compassion meditation to help deal with the stress and negative emotions related to difficult interpersonal relationships, and has helped develop novel neuroimaging methods that allow more natural behavioral testing. As a student of Traleg Kyabgon Rinpoche, she has studied the Dharma with him since the early 2000s, and prior to that, within the Shambhala tradition.

Bookings are essential. For inquiries and to book, please email E-Vam at office@evam.org and an information sheet with more details and retreat costs will be sent to you.



E-Vam Buddhist Institute U.S. Center of Traleg Kyabgon Rinpoche

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