



## Mahamudra Approach to Meditation With Lama Jinpa on Zoom

**Time:** Tuesdays 7.30-8.00pm  
Eastern (New York) time for 4 sessions

**Dates:** April 17, 14 21 & 28, 2026



In this very practical course Lama Jinpa will provide commentary and discussion on the unique approach to meditation in the Mahamudra tradition. Lama Jinpa's inspirational discussions are designed to build a bridge from the traditional Mahamudra meditation instructions to their practical application. For those attending the May 2026 E-Vam Mahamudra Meditation retreat, this course will assist in providing a foundation for the teachings that will be given on retreat.

Lama Jinpa (Aaron), is a longtime student of Khenpo Karthar Rinpoche. He completed the traditional Karma Kagyu three year retreat at Karme Ling Retreat Center in Delhi NY under Rinpoche's guidance. Since that time he has served Rinpoche and the KTD community by teaching regularly at KTCs. Lama Jinpa is a householder practitioner, and enjoys practicing at home with his family. Lama Jinpa regularly gives courses for E-Vam Buddhist Institute and is a valued presenter always bringing such insight and warmth to his courses.

Email [office@evam.org](mailto:office@evam.org) if you wish to attend this course and instructions and zoom details will be sent to you.

If you are interested in the in-person retreat please email [office@evam.org](mailto:office@evam.org) and you will be sent an Information Sheet with detailed information about different aspects of retreat. In 2026 the annual Mahamudra Meditation Retreat will be held at the Vajra Vidya Retreat Center, Crestone Colorado 24-30 May 2026 and will be led by Khenpo Lobzang Tenzin.

### Bookings and Enquiries

Email: [office@evam.org](mailto:office@evam.org) to receive zoom details and other course details.

### Course donations

 Here are the options for you to make a donation:

- PayPal online donation: via the E-Vam website: <https://evam.org/donate> or directly through **PayPal**: [payments@evam.org](mailto:payments@evam.org)
- By Check: Correspondence and donations  
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