



E-Vam Buddhist Institute

Lojong: Cultivating Compassion through Training the Mind

5 Tuesday evenings beginning 4 Nov. 2025

Online Courses with Lama Jinpa

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E-Vam Buddhist Institute, the Centre of Traleg Kyabgon Rinpoche, is offering an online course from 4 November to 9 December 2025. For more information or to book in please email office@evam.org. Course dates may be subject to change so please confirm your intention to attend. Once you have emailed your intention to attend the online course a zoom link and other information will be forwarded to you. Online courses are by donation. These courses will be centered around commentary of Traleg Rinpoche's teachings and meditative insights of the presenters.

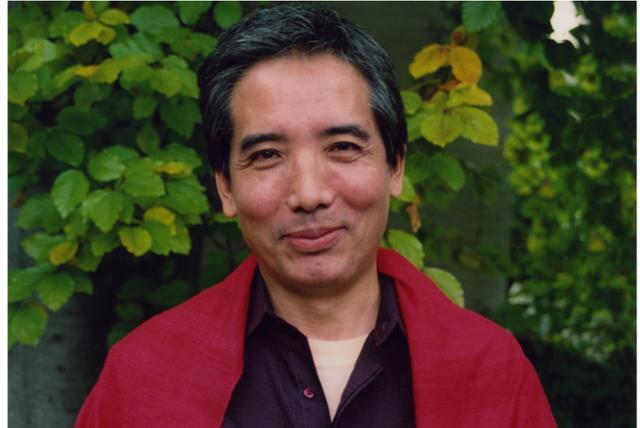


Photo: Traleg Kyabgon Rinpoche IX

Lojong - Cultivating Compassion through Training the Mind

With Lama Jinpa online via Zoom

Time: Tuesday 7:30 -9 p.m. Eastern (New York) time

Dates: November 4, 11, 18 (once week thanksgiving break) December 2 & 9.

Cost: by donation

Email office@evam.org if you wish to attend, then course and zoom details will be forwarded to you. Confirm your zoom name prior to the course so we can let you in to the sessions.



In this course Lama Jinpa will continue to elucidate the meaning of the slogans on relative bodhicitta, providing practical advice on the techniques and contemplations within the LoJong tradition to help us generate an enlightened heart. Drawing on his own experience, and providing

commentary on aspects of the book *Lojong: Cultivating Compassion through Mind Training*, by Traleg Kyabgon Rinpoche, Shambhala Publications, Lama Jinpa will help bring these traditional practices to life. Excerpts from the publication and other hand-outs will be emailed to participants during the course and shared online during the session.

While this is a continuation from a course held earlier this year new participants are welcomed.

Lama Jinpa (Aaron), is a longtime student of Khenpo Karthar Rinpoche. He completed the traditional Karma Kagyu three year retreat at Karma Ling Retreat Center in Delhi NY under Rinpoche's guidance. Since that time he has served Rinpoche and the KTD community by teaching regularly at KTCs. Lama Jinpa is a householder practitioner, and enjoys practicing at home with his family. He regularly gives courses for E-Vam Buddhist Institute and is a valued presenter always bringing such insight and warmth to his courses.

Enquiries and bookings

Email: office@evam.org to receive zoom links and handouts for the online courses.

Course Donations To E-Vam Buddhist Institute

Online Courses are by donation. Here are the options to forward donations to E-Vam:

•**PayPal Online donations:** <https://evam.org/donate/> or payments@evam.org

•**By Check - Correspondence and Donations**
c/o David Katzenstein, P.O. Box 447, South Egremont
MA 01258-0447

E-Vam Buddhist Institute

Center of Traleg Kyabgon Rinpoche the 9th and 10th

Websites: evam.org shogam.com TralegRinpoche.org

